



FOR IMMEDIATE RELEASE

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## **Cascadia Health Announces Annual “Culture of Caring” Gala**

*Celebrating and encouraging support and awareness  
for whole health, housing, and community.*

*Portland, Ore.* – The 8<sup>th</sup> annual Culture of Caring Gala—a benefit event supporting Cascadia Health’s vision of integrated mental health, addiction recovery, primary care, housing, and wellness—will be held **October 10, 2024**. Cascadia invites community members to [register](#) and attend this night of celebration and giving, showing how, together, our light guides waves of change.

“Whole health is achievable,” said Derald Walker, PhD, President and CEO of Cascadia Health. “We see the need in our community, and we desire solutions that save lives. Cascadia has been part of the solution, providing over 18,000 individuals and families with life-saving medical, mental health, and addiction treatment, crisis intervention, and housing support over the past year alone. But it takes all of us to truly create lasting change.”

The gala will recognize contributions to health, housing, and community through its Culture of Caring Health & Housing Award, Civic Engagement Award, and Arts & Social Justice Award. This year’s honorees include:

- **Laquida “Q” Landford** (Health & Housing), for leadership of AfroVillage PDX
- **Judge Nan Waller, JD** (Civic Engagement), for leadership of Multnomah County’s Mental Health Court
- **Alex Chiu** (Arts & Social Justice), a painter and muralist whose efforts seek to help communities process cultural identity through a creative process

The gala will feature live music and art, as well as the stories and voices of clients and staff, demonstrating the impact Cascadia Health services have on the lives of individuals and highlighting the incredible impact of community support.

Live music will be presented by **Jimmie Herrod**, renowned vocalist celebrated for his standout performance on “America’s Got Talent,” as well as headlining major venues and touring with Pink Martini. A live art exhibit will be presented by **Monica Rose Kelly**, an analog and digital artist who performed at the 2023 Portland Winter Lights Festival.

For more information and to register, visit [www.cascadiahealth.org/gala2024](http://www.cascadiahealth.org/gala2024).

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### **About Cascadia Health**

Rooted in community behavioral health, today, [Cascadia Health](http://www.cascadiahealth.org) provides integrated Whole Health to over 18,000 individuals and families across the Portland-metro region each year, including mental health, addiction treatment, primary care, housing, crisis intervention, peer services, wellness supports, and more.