

**Contact: Robert Duensing**  
Doherty High School Cross  
Country Coach  
Phone 719-321-7007  
Fax 719-328-6483

4515 Barnes Rd.  
Colorado Springs, CO 80917  
719-328-6400

**Doherty High School**

# Press Release

## **Doherty High School Cross Country Team Hosting Benefit 5k Run/Walk for The Never Alone Foundation.**

**Colorado Springs, Colorado August 17, 2024:**

The Doherty High School Athletic Department is hosting the 13<sup>th</sup> annual Doherty Never Alone Foundation 5k benefit run in conjunction with a high school cross country scrimmage of several local teams on Saturday August 17<sup>th</sup> at Monument Valley Park North located off of Culebra and Fontanero. The event begins with a high school scrimmage at 7:30am followed by a benefit run for the Never Alone Foundation at 8:05am. This event is sponsored by Doherty Athletics and the Doherty Cross Country team.

Thirteen years ago in July of 2011, the Colorado Springs and Doherty communities experienced a tragedy. Family physician and Doherty athletic team doctor, Dr. Alex Constantinides, lost his wife and three children in a flash flood in Wyoming. The tragedy that touched the Colorado Springs community rocked the Doherty community to its core. We quickly organized this event as a time for healing. Dr. Alex and his wife adopted their three children and dedicated their lives to giving to their community and sharing their lives with orphaned children. We feel we can most honor the memory of the Constantinides family through holding a benefit event for The Never Alone Foundation, which was founded in 2012 to honor Alex's family's legacy of supporting international adoption by giving grants that bridge financial gaps for adoptive families. The past 11 benefit runs have earned a total of over \$45,000 in the Constantinides family name for those adopting children. This being our 13<sup>th</sup> running of the benefit run, we hope to top the \$50,000 mark.

We are inviting runners and walkers of all ages to participate in our family/stroller friendly benefit run. The public race pre-registration as well as race day registration costs is \$40. All registered runners will receive a t-shirt. You can register at or in the Doherty Business Office between the hours of 7:30am and 3:30 pm. The event website is located at <https://co.milesplit.com/meets/624838-doherty-high-school-scrimmage-and-never-alone-foundation-5k-2024>

Register for the public fundraiser race at

<https://www.active.com/colorado-springs-co/running/distance-running-races/doherty-high-school-never-alone-foundation-5k-2024>

The Doherty athletic department has embraced this event through their donations to the Never Alone Foundation and their participation in the 5k race, as each athletic team and many clubs at Doherty compete against each other for the honor of claiming the Doherty Spirit Stick and bragging rights for a year.

Location: Monument Valley Park, Colorado Springs

Date: Saturday August 17, 2024

Time: 8:05 am benefit run

**For Immediate Release**

